

## The Fence Post

#### **Local Couple Start New Business**

Check Out This New Dining Option At Richie's Cafe



Grand Opening Friday May 3rd 4pm-11pm. Following our grand opening our doors will be open Thursday-Sunday 4pm-11pm.

We are happy to announce a new dining option for Three Points and the surrounding areas! **Richie's After Hours Italian Bistro & Coffee!** 



We are James and Fawn Wood, former owners of the popular Happy Camper Coffee! We miss our little vintage trailer and our loyal coffee customers! James and I firmly believe in providing fresh, delicious, quality products for a reasonable price. We also believe in supporting local small businesses such as egg farmers and from scratch cooking.

It has been a dream of ours to open a diner with a coffee counter for a very long time so when this opportunity presented



itself we gave thanks to God! Our relationship began and grew over the years at coffee counters.

We both have old souls so to speak and believe in warm, casual little places, like coffee counters and diners. This type of inviting, personal experience is getting lost. A place where everyone feels like family! We both have a love for cooking, baking and creating in the kitchen.

Why Italian you ask? James family on his mothers side comes from Italy. The Boccettos from Sicily. So we decided to pay homage to that part of his heritage. We have chosen to rebrand all of our coffee and baked goods Bocchetto Coffee & Confections.



We hope you will come over for a visit starting **Friday May 3rd 4pm-11pm**. Following our grand opening our doors will be open to you all Thursday-Sunday 4pm-11pm. **That's amore!** 

#### Celebrating a combined 38 Years of Dedicated Service: Farewell to Our Esteemed Altar Vallry School District Governing Board Members, Robert Ethridge and Chief John Williams

It is with mixed emotions that we bid farewell to Robert Ethridge and Chief John Williams, dedicated members of our Altar Valleys School's governing board, as they retire after an incredible 38 years of combined service to our community. As they embark on this new chapter of their lives, it is essential to take a moment to reflect on their invaluable contributions and the lasting impact they have had on our school and community.

John and Bob have been an integral part of our school's governance, providing wisdom, guidance, and unwavering support throughout their tenure. They have brought a wealth of experience, insight, and a deep commitment to educational excellence that has helped shape the direction and success of our district.

During their 38 years of service, they have played a pivotal role in numerous initiatives and decisions that have enhanced the quality of education and enriched the learning experiences of our students. They have tirelessly advocated for the needs of our school community, championed important policies, and worked collaboratively with fellow board members, administrators, faculty, staff, and parents to ensure the continued growth and development of our school.

Beyond their professional expertise, they have always been a source of inspiration and encouragement, fostering a





culture of inclusivity, innovation, and excellence within our school community. Their dedication, integrity, and passion for education and our community have left an indelible mark on all who have had the privilege of working alongside them.

As we express our gratitude for their outstanding service, we also extend our warmest wishes for their retirement. While they may be stepping down from their official role on the governing board, their legacy will continue to resonate throughout our school for years to come.

Thank you, Robert Ethridge and Chief John Williams for 38 years of dedicated service, leadership, and steadfast commitment to our school. Your passion for education and tireless efforts have truly made a difference, and your presence will be greatly missed. Wishing you all the best in your well-deserved retirement!

Dr. David Dumon, Superintendent, Altar Valley School District

#### **Community Calendar Page**

#### Community Weekly/Monthly Events at Serenity Baptist Church 15501 W Ajo Hwy 520-822-2026

enity Church events on their websit

Serenity Church events on their website <a href="https://serenitybaptist.church">https://serenitybaptist.church</a>

Caring Food Ministries	Thurs 8-9:30 AM
4-H Robles Ranchers	First Friday of the month 7-8:30 pm
Sierrita Mountain 4-H Livestock Club	Second Thursday of the month 7 pm

#### **Other Events This Month**

AVSD School Board

2nd Wed of the month - 6 pm AVMS

Fence Post Deadline 20th of the month 5 pm
This is a firm deadline. If you need more time please
e-mail Trish by the 20th to request an extension.
E-mail articles to <a href="fencepost3points@gmail.com">fencepost3points@gmail.com</a>



#### **Summer Cuts & Perms**









One of the easiest things someone can change about their style is their hair

#### **Don't Forget Summer Pretty Feet**

Make an appointment for your Pedicure

Complete Hair Services, Perms - Color - Haircuts - Pedicures - Reflexology Foot Massage

Open: Mon - Sat 9 am to 5 pm, Call For Appointment

520-908-9084

8995 S. Comanche Rd New Location North of Bulldog Bakery & BBQ (Old Meat Market) Gift Certificates
Available



#### Weekly/Monthly Events at Robles Ranch Community Center 16150 West Ajo Hwy 85735 Phone: <u>520-822-4408</u>

My Friends Closet, Wed 11-6

Community Food Bank Tues 10-3 Wed 3-6 Fri 10-3

Friends Of Robles Ranch Meeting 1st Tuesday of the month 6pm

Bookmobile
Every Third Tuesday of the month 2:30pm-3:30pm.

#### Activities At The Community Center Available Every Day

#### **Computer Lab**

Open to the public 10:30am- 5:30pm Monday-Friday.

#### **Robles Ranch Library**

Open to the public 10:30am- 5:30pm Monday-Friday.

#### Horse Arena

Open for public use M-F, FREE of charge, 10:30am-4:30pm.

#### Scheduled Activities At The Community Center

Mexican Train Dominoes Every Tues. 10 am to Noon Everyone Welcome

#### Senior Craft Days 10:30am – 12:30pm Monday May 13th, May 20th, May 27th

Unlock your artistic potential and have fun with us while we discover different crafts.

#### Coffee, Cards & Board Games 10:30am – 12:30pm. Wednesday May 1st, May 15th

Visit old friends and make new ones as we play a variety of table games.

#### Robles Prime Timers Community Meeting Potluck Monday May 6th, 10:30am – 12:30pm.

Join us as we discuss upcoming activities and trips with a potluck brunch. Robles Prime Timers Meeting and Potluck is important if you want to be part of the discussion for upcoming activities and trips.

#### Wednesday May 29th – <u>Trip to Tucson Art Museum</u>: e will be leaving the center at 10:00am and returning at 2:30p

We will be leaving the center at 10:00am and returning at 2:30pm (must be signed up to attend)



May 30th - The Community Center will be closed for all staff training

#### **Community News**

This Flyer from Pima County Department of Transportation will be mailed to residents along Sierrita Mountain Rd and Hilltop Rd. In case you don't receive it I am including it in our newsletter.

April 18, 2024



#### SUBJECT: Fiscal Year 2023-2024 Road Pavement Repair and Preservation Program

#### Sierrita Mountain Road/Hilltop Road Project

Dear Neighbor:

Many of you have reached out to Pima County Department of Transportation (PCDOT) with your concerns regarding the Sierrita Mountain Road/Hilltop Road project. We are aware of the situation in this area and are diligently working with our contractor to resolve the issues.

The Road Pavement Repair and Preservation Program team has been to the site multiple times to review the concerns firsthand. PCDOT and our contractor iSX Construction strive to deliver the best quality product possible. We are reviewing appropriate repair options prior to proceeding with the corrective work. We plan to have the project completed, including corrective work, by August 31, 2024.

We thank you for your understanding as we move forward and work on a solution that will address the concerns at this location. If you have any questions, please contact Jason Boley, 520-724-6410 or by email at roadprojects@pima.gov.

Sincerely,

#### The Road Pavement Repair and Preservation Program Team

If you need additional information or language assistance, please contact Pima County at 520-724-6410. Para información en español, comuníquese con Melissa Cancio al 520-724-6410.

In Fiscal Year 2023/2024, the Pima County Board of Supervisors and Transportation Department allocated \$20 million in road repair and preservation funding for the Road Pavement Repair and Preservation Program. To hear about this program and the projects that are currently scheduled, please visit www.pima.gov/1004/Road-Pavement-Repair-and-Preservation-Pr.

KJ'S 15150 W Ajo 520-270-7280 Mon-Thur 6 am - 9 pm Fri 6 am -10 pm Sat 7 am -10 pm Sunday 7 am - 9 pm

\$2.29 Gal Propane

Gas & Diesel, Certified Propane, Coffee, Snacks, Beer Mini Smoke Shop and More

Farm Fresh Eggs \$3.99 a doz Milk \$3.99 per gal. Ice \$1.99 a bag

#### Swap Meet

available for set up on Friday Saturday & Sunday please call 520-270-7280 for details.



#### Robles Ranch Community Center at 16150 W Ajo Hwy, has so much to offer!

**Seniors,** looking for something to do? The community center has launched their new senior program called Prime Timers! This new program offers many great opportunities such as monthly trips, crafts, activities and more.

**Looking for a program for your child?** Robles Ranch offers a variety of programs for our youth K-12<sup>th</sup>. This includes an after-school program for K-5<sup>th</sup>.

**Friday Night Hoops** first Friday of the month for  $6^{th}$  - $12^{th}$  grade and will soon have a summer program for both K- $5^{th}$  grade age group and now a teen leadership program for  $6^{th}$  - $9^{th}$  grade.

Robles Ranch Community Center also offers other great amenities, so please stop by or call for more information at 520-822-4408.

Check the Pima County website for more information. <a href="https://www.pima.gov/1298/Robles-Ranch-Community-Center">www.pima.gov/1298/Robles-Ranch-Community-Center</a>



#### **Youth For Veterans**



Dallas Harmon hands out goods to the homeless



Momma V & the Y4V host a community clothing giveaway



Dallas Harmon won his second belt buckle & set of spurs at the Robles Junction Equine finals



Momma V & the Y4V treated the Blind Vets Rehab center at our VA Hospital to a day of fishing & a cookout at a Kennedy Park



Y4V members Dallas Harmon & Kelly Woehlck hand out miniature Easter baskets to our local Veterans



Saturday May 18, 2024



7184 Marstella Rd. Tucson, AZ 85735 520-282-1617 NOTARY



"True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost." — Arthur Ashe



#### **Three Points Fire District**

10351 South Sasabe Highway Tucson, Arizona 85736 Phone: (520) 822-1086

Three Points Fire District

The Three Points Fire District would like to remind everyone there is no more burn permits being issued. The State has issued a **NO MORE BURNING** mandate across the state. So please be aware of this and tell your neighbors and friends, we don't want anyone in trouble.



The District is still looking for a few men/woman that are interested in being a Firefighter out here. You must have your EMT, or Paramedic certification and State Fire certification. This is a very rewarding career, and we hope our young high school students show some interest.

The District has been very busy with writing a number of grants to help augment the budget. We try very hard to give this Community everything that is needed to keep us all safe.

Once again we have car seats, and smoke detectors, FREE, just call our main station and set up an appointment.





For a Free Quote Today

#### We are a Local Contractor for over 25 years

Repairs - Additions - Remodeling -Fire Damage Custom Garages Any Commercial or Residential Job

We Take Debit & Credit Cards

or e-mail us at <a href="mailto:kriscaruthers@caruthersconstruction.com">kriscaruthers@caruthersconstruction.com</a> Class KB-2 ROC 318436 Dual Residence and Small Commercial

# THREE POINTS FIRE DISTRICT is Hiring -Competetive Pay -Paid vacation and sick time

-Life Insurance, Long and Short Term Disability

For More Information, job descriptions and application. Visit

employment page

-100% employer paid family benefits

Retirement and deferred compensation

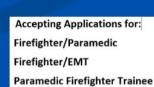
plans

-Public Safety Personnel

www.threepointsfire.org

Made with PosterMyWall.com

our website





## Call 911 with something you may be concerned about?

We are all respectful of our Sheriff Department time. We also want to be a good neighbor and and live in peace.

Yet if we see or hear something that might concern us we must let the Sheriff's Department know. Our call could be one of many indicating that a problem exists, or it could be an early warning of a potential problem.

We need the Sheriff's Department to know we need them out here. The more you report your concerns the more aware the Sheriff's Department will become.

Help keep our community safe and make the call if you are concerned about something.



#### Community Festival October 5, 2024

It's that time of the year again! On Saturday, October 5, 2024, the community of Three Points/ Robles Junction will celebrate its 17th Annual community festival. The event begins at 2:00 P.M. and ends at 6:00 P.M and let's not forget our Annual Car Show.

We were very appreciative of your support for our

event. Last year, we were visited by over 2100 attendees. Your announcements undoubtedly contributed to this total! Hopefully we can count on your support again this year.

Our festival theme is Power of Community, acknowledging the cohesiveness and the power it brings to the people of this community. The Community Festival is the largest Pro-Social activity in this community. Many community and social groups, such as the Three Points Fire Department, Pima County Sheriff's Department, Border Patrol, OEM Communications Group

MARY KAY

TIMEVISE MIRACLE SET

RESET THE PACE OF SKIN'S VISIBLE AGING
STARTING IN AS LITTLE AS 2 WEEKS!

With the TimeWise\* Miracle Set\*, you'll be on
your way to strong, healthy skin from day one,
and week after week brings you closer to your
best skin yet.

Ask me how to start a skin care routine that's
personalized just for you!

\*Results based on one of eight independent third party clinical or consumer studies in
which from 55 to 214 women used a TimeWiller Marcle Set\* product as directed

Ann Westmoreland
Independent Beauty Consultant
www.marykay.com/awestmoreland2
520-245-7490



Post 10254 10111 S Sasabe Rd Call 520-822-5047.

You can find the VFW Events, Menus and Up To Date Information on their Face Book Page https://www.facebook.com/VFWPost10254AZ (Amateur Radio Group), United Community Health Centers, Altar Valley School District 51, and VFW Post10254, Three Points Pack and Troop Scouts 525, will be represented along with a lot of Three Points and surrounding area creative and local talent.

Live local entertainment, local crafts, the Annual Car Show, games, activities and food will be available. In addition, we raffle off various prizes donated by local businesses, while also giving away smoke detectors and bike helmets to local residents. In past years, we have drawn over 2000 visitors to this event. Attendance is free with raffle tickets, gifts and crafts being sold by local vendors.

If you would like to be a Vendor or Food Vendor of the 2024 Three Points Community Festival please contact Rita Taylor (Festival Coordinator) at 520-777-3877 or <a href="mailto:threepointsfestival@gmail.com">threepointsfestival@gmail.com</a>

If you would like to be a sponsor for our annual Three Points festival, please contact Barb Praust @ 520-820-1307.

This year we also are wanting to have more than Cars at our festival, so we cannot wait to see what all we can have to showcase, between cars, motorcycles, side by side and even tractors and such. If you are interested in the Car Show, send us an email to <a href="mailto:threepointsfestival@gmail.com">threepointsfestival@gmail.com</a> with the subject line "CAR SHOW".

Thank You Again for your Support! See you all October 5th from 2-6Pm.

## Bulldog

#### The Bulldog Bakery & BBQ

The Old One Stop Market

STORE HOURS 5 AM to 11 PM SEVEN DAYS A WEEK.
With coffee ready at 5AM.
Phone Number 520-578-6160

New Items On The Menu For You To Try Are:

> Patty Melt BLT Ranch Fries

Call in orders can be made until 10PM for all menu items except pizza.

Friday, Saturday and Sunday Pizzas can be ordered until 9:30PM. Due To Inflation Price Changes Are Here

We now carry
Fresh Eggs &
Pickled Eggs
from our local
Epley Farm Company

Coffee Mugs with a Three Points design and Bulldog Bakery design

**Bulldog Bakery & BBQ** 

Like Us On Facebook and watch for announcements on advertised specials and new items.



#### **Church Information**

Faith Baptist Church will be hosting Vacation Bible School this summer for kids 1st through 7th grade! June 3rd-7th 5:15 - 8:30 pm 11080 S Brandywine Lane

Join us for crafts, snacks, Science projects, game time, Bible lessons, and fun songs!

Email me at <a href="mailto:tamahbryant@yahoo.com">tamahbryant@yahoo.com</a> for questions about registration.

(Spaces will be limited due to staffing and classroom sizes.)

If you are not plugged into a church somewhere and are looking for a church family, we would love to have you join us!

Worship service is on Sunday mornings at 11:00

Adult Bible study is on Wednesday evenings at 6:00

Youth Group on Wednesday evening from 6:00-7:30 where we enjoy food, singing, activities, and Bible study. Elementary through high school. Parents are welcome to join the youth or attend the adult Bible study.

Faith Baptist Church 11080 South Brandywine Lane faithbaptistchurch-robles.com





#### Serenity Baptist Church

By Patzi Hughes, Ministry Assistant, Church Clerk

Pastor Jerry continues the Sunday morning Bible study, for a few more weeks, 9-10 AM

in the West Building.

Please join us and then meet with us for the main service at 10:30 AM in the Main Sanctuary for Pastor Jerry's new series, **Who Is Jesus.** 

Kids Karpet time with Ms Cindy, Pastor Jerry's wife, is just before the offering. She has a special story each week and a "bag of goodies" for each child. The children go to to the West bldg every other week for Kids World.

Youth Group is Wednesday night: 6:30-8:00 pm in the Main Sanctuary.

Office hours are M-F. 9 am-1 pm. If you have questions or a need, please call 520-822-2026. Leave your name, phone # and a brief message and you will be called as quickly as possible.

#### **Food Ministry**

Thursday morning from 8-9:30 AM is our Food Ministry. (Except Holidays) This is a drive thru ministry. We prepare the boxes inside & deliver to the front of the parking lot.

We are blessed to receive this FREE food from Caring Ministries in Tucson. When we have dessert (which isn't every week), we make sure each box has a dessert. Could be cake, cookies, pie, turnover or something else until we run out of dessert.



We make boxes with the food we receive but not all boxes are the same.

Please come early as the food goes fast.

### Serenity Baptist Church Is Live, Again!

Join Us For Sunday Service Every Sunday Morning! We Will Go Live Starting At 10:30 AM! Find Us On Facebook @ Serenity Baptist Church! Or contact@serenitybaptist.church

#### Our Lady of The Desert Catholic Church

Open Range Pizza, off Sierrita Mtn Rd is currently serving as Our Lady of The Desert Catholic Church

Regular Mass Times 5:30 Saturday



## The GROCH Team Jackie jackie@realestatetucsonaz.net 520-240-8844 Josh josh@realestatetucsonaz.net 520-867-0113 Jeremy jeremy@realestatetucsonaz.net 520-440-0986 "Honesty, Integrity & Results!"

#### **Community News**



#### My Friends Closet



Spring is springing! My Friend's Closet is moving the winter wear out to make room for

spring wear. The heat of the summer is ahead, but for right now, the weather is glorious! We are putting out shorts, swimwear, and tank tops. We will be sure to keep a few warmer items on the racks for those overly air-conditioned buildings and for the lucky folks who spend time in the mountains of Arizona.

We are still having our "Wee back porch sale" every Wednesday to clear out the pods a "wee" bit at a time.

We are getting very excited about the new building! We will keep you all updated on our new website,



**friendsofroblesranch.org**, and on our new Facebook page, **My Friends Closet at the Hub.** 

If you are interested in applying to volunteer with us at the new store, keep checking the website and Facebook page for dates and instructions!

Current MFC Hours Wednesdays 11-6

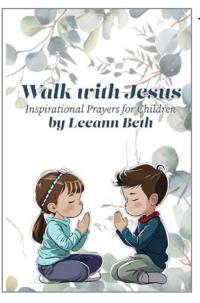
#### Visit the new Hub website



The Hub is a website with a valuable group of resources dedicated to serving our community.

The Hub will be growing and adding more information. Please keep checking back to see what is new.

If you have suggestions for the website please send them to friendsofroblesranch@gmail.com



#### Walk with Jesus

by Leeann Beth (Author)

Walk with Jesus, an inspirational book for young children. Great for children's church group or home study, having prayers, bible verses with colored animation reflecting the prayer.

Color animations allow students to visualize the prayer being read, leading to a much greater understanding of the prayer and Jesus Christ. This book is great for preschool, learning new

words and being able to think and reason the prayer's meaning.

Older children have a bible verse to think about, aiding in their spiritual growth in Christ. Over 90 pages of education to last months in study and years of a child's future growth.

This book is written by a local Three Points author, who writes under a pen name.

Walk with Jesus is available on **Amazon.** 



Come join us every 1st Friday of the month starting October 6, 2023

5:00-7:00 p.m.

6th-12th grade - all skill levels

Learn new skills or improve the ones you already have!

3 vs 3

5 vs 5

Free Throw Contest 3 pt Contest

H.O.R.S.E.

Knock out and more

Robles Ranch Community Center 16150 W. Ajo Highway Call the center for more details 520-822-4408

#### **United Community Health Care**



#### **Choosing a Sunscreen**

Submitted by UCHC

The most effective sunscreens are broad-spectrum, combining agents capable of filtering (either by absorbing or reflecting) both ultraviolet

A and B (UVA and UVB) radiation.

The American Academy of Dermatology Practice Safe Sun guidelines recommend using products with a sun protection factor (SPF) greater than 30.

Claims of water resistance on a sunscreen's label must indicate whether the sunscreen remains effective for 40 minutes or 80 minutes while swimming or sweating, based on standard



testing. People should reapply sunscreen to all exposed areas every 2-4 hours. People should gently and evenly spread sunscreen, not rub in, on all exposed skin 15 minutes prior to going outside to allow UVR blocking effects to penetrate the outer skin layers. Stick or roll-on sunscreens are easy to apply, but people often apply

these unevenly, leading to sunburned areas missed during application. People should avoid using as sprays because inhaling metallic nanoparticles can be harmful to the lungs.

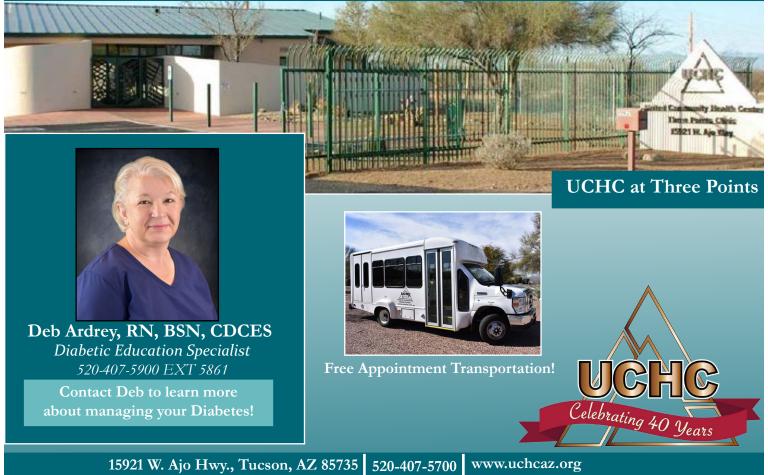
#### **Sunscreens for Children**

Parents or guardians should protect children less than 6 months old from direct sun exposure, opt for shade, and dress children in lightweight long-sleeved shirts, long pants, widebrimmed hats, and sunglasses. They can protect infants by using covered strollers or perambulators, umbrellas or parasols, and hats, rather than by applying sunscreen.

For children over 6 months of age, parents or guardians should use sunscreens with physical UV filters (titanium dioxide or zinc oxide) rather than chemical UV filters; physical UV filters are less



likely to irritate young children's sensitive skin. Teens might want an oil-free sunscreen for the face to help avoid exacerbations of acne due to thicker, oily preparations. Adults can safely use sunscreen marketed for children.





#### May Gardening in Tucson

https://www.tucsonlifestyle.com/hg/gardencalendar/garden-calendar-april-2020/article\_23ce2ce0-c421-5f20-a080-15c290dda7ab.html

**Summer Perennials:** This is a great month to plant native and desert adapted perennials.

**Flowering Cactus:** Many cactus are flowering right now. This is also an excellent time to select and plant new cactus.

**Citrus:** Citrus fruit drop is normal this month, as it is nature's way of removing excess fruit that the tree cannot handle. There is no reason for concern if you are watering properly. Fruit that reach the size of a quarter generally stay on the tree.

**Citrus:** Still time to feed established citrus (generally recommended on or about Valentine's Day, Memorial Day and Labor Day) with El Toro Citrus Food or organic Foxfarm Citrus & Avocado Fertilizer.

## Kestrel Kafe & Market Is For Sale

#### **Looking For A Business Opportunity You Should Check Out This Cafe**

Donna would like to have someone from the community purchase the building and/or business so it will stay locally owned and not be swept up by a large corporation.

#### She is open to Lease/Purchase options or other possible purchase options.

The building was designed and constructed as a commercial building with a full commercial kitchen.

It is currently operating as a restaurant and market. In addition it has a Mailbox service that has 500 mailboxes. There is indoor and outdoor seating.

The business has many possibilities for expansion and has great potential for expanding services to our rural area.

For more information please call Christine Esala, Tierra Anigua Realty at (520)222-9310.

Feel free to stop by and take a look!!

**Leaf Cutter Bees:** Evidence of leaf cutter bees will appear on the new growth of plants such as bougainvillea and roses. You will notice perfect semicircles cut out of the foliage. The insect uses the new foliage for nest making material, and does not actually ingest any portion of the plant, so it does not make sense to spray the plant with insecticide. The affected plant may look unsightly for awhile, but no permanent damage will be done.

**Irrigation:** You will probably need to increase the frequency of irrigation on established trees and shrubs to about once a week. Continue to water slowly and deeply

**What to watch for:** Spider mites (looks like dust on leaves of your plants); bee swarms; caterpillars on grapes and Texas Mountain Laurel.

**Agaves** are highly susceptible to the agave snout-nosed weevil that hides inside the stems and chews away at the soft tissue. Treat now with Bonide Annual Tree & Shrub.

"May is the month of expectation, the month of wishes, the month of hope."

— Emily Brontë



#### Mother's Day Flowers, Treats & More

Fresh Baked Treats, Organic & Healthy Selections Real Ice Cream Shakes, Rattlesnake Shakes, Sundaes, Banana Splits, Smoothies, Salads, Wraps, Speciality Sandwiches, Burgers & so much more. Many Vegetarian Options

Produce, Deli, Groceries, Meats, Beer & Wine, Fax & Copy Service, Fed EX, CBD Oil & Lotions. We Are Here
To Be Your Local Grocer - Requests Welcome

Triple Secure Mailboxes W/Package Service \$100/Yr.

We Will Buy Your Locally Grown Produce & Share It With Our Community

Expanded Hours - Now Open until 7:30
Thank You so much for your incredible support.
AS ALWAYS WE REMAIN FULLY COMMITTED TO
SERVING OUR COMMUNITY

10390 S Sierrita Mtn Rd, - (520) 822-1714 Hours 8 am to 7:30 - 7 Days

#### **Community News**

#### **Turning Challenges into Opportunities:** Stories of Resilience and Growth

Author Unknown

Dear Readers, Kelly Medlock submitted this article and after reading it I thought is was good and I wanted to print it. Since the death of my husband I have found my life tested in ways I never expected. For me it has been hard to pick up the pieces and go on. This article inspired me and I hope it will inspire others who also struggle.

Life is a journey filled with ups and downs, challenges and triumphs. While adversity may seem daunting at first, it also presents opportunities for growth, learning, and transformation. Throughout history, individuals from all walks of life have demonstrated remarkable resilience in the face of adversity, turning challenges into opportunities for personal and professional development. These stories of resilience serve as powerful reminders of the human capacity to overcome obstacles and thrive in the face of adversity.

- 1. Embracing Change: One common theme among stories of resilience is the ability to embrace change and adapt to new circumstances. Whether facing a career setback, health crisis, or personal loss, resilient individuals demonstrate flexibility and resourcefulness in navigating life's twists and turns. Rather than viewing change as a setback, they see it as an opportunity for growth and self-discovery.
- 2. Finding Purpose in Adversity: Adversity has a way of clarifying our values and priorities, prompting us to reassess what truly matters in life. Many resilient individuals find meaning and purpose in their struggles, using adversity as a catalyst for personal and spiritual growth. Through acts of service, advocacy, or creative expression, they channel their experiences into positive change, inspiring others along the way.

#### 3. Cultivating Resilience Through

Community: Community support plays a vital role in building resilience and overcoming adversity. Whether through family, friends, or support groups, resilient individuals draw strength from their social networks, leaning on others for encouragement, guidance, and emotional support. By fostering connections and building a sense of belonging, they create a safety net of support during challenging times.

4. Turning Setbacks into Opportunities: Resilient individuals view setbacks not as failures, but as opportunities for learning and growth. Rather than dwelling on past mistakes or missed opportunities, they focus on the lessons learned and the potential for future success. By reframing setbacks as stepping



GriefShare is a 13 week, GRIEF SHARE faith based program for those who have lost a loved one.

Our Summer/Fall session will start in August thru early November. We are considering this session to be an evening session held at Serenity Baptist Church.

If you are interested in getting more information please go to

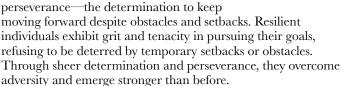
#### www.griefshare.org

Or contact Trish Sargent about the program at Serenity Baptist Church at THSargent920@gmail.com

The coffee is always on.

stones to success, they harness adversity as a catalyst for personal and professional development.

#### 5. Perseverance in the Face of **Adversity:** Perhaps the most defining characteristic of resilience is perseverance—the determination to keep



6. Inspiring Others Through Resilience: Ultimately, stories of resilience have the power to inspire and uplift others facing similar challenges. By sharing their experiences and triumphs, resilient individuals offer hope and encouragement to those in need, demonstrating that it is possible to overcome even the most daunting obstacles. Through acts of kindness, compassion, and solidarity, they create a ripple effect of resilience that extends far beyond their own lives.

In conclusion, turning challenges into opportunities requires courage, resilience, and a willingness to embrace change. By cultivating a mindset of growth and viewing adversity as a catalyst for transformation, individuals can navigate life's challenges with grace and resilience. Through stories of resilience and growth, we are reminded of the indomitable human spirit and our capacity to overcome even the greatest of challenges.



#### Do We Want To Restart A Local AA Meeting?

Our Community had a local AA Meeting for many years. A few years ago this program stopped for lack of attendance.

This program took place at Serenity Baptist Church. Recently Patzi Hughes, church secretary, has received several questions about the availability of a local AA Meeting.

If there is interest in having a local AA Meeting it could be held at Serenity Baptist Church.

First, to measure how much interest there is in our community we would like those interested to email Patzi Hughes at patzi@serenitybaptist.church. Please include if you prefer a closed or open meeting. This email will be kept confidential and only used to gauge interest.

Once the level of interest has been determined the next steps to start a meeting in our community will be initiated.



#### 6 Popular Flowers for Mother's Day and their Unique Meanings

https://www.botanystudio.com/blog/mothers-day-flowers-and-their-meanings#

With the month of May approaching, Mother's Day is almost here! Time to make the tough decision on how best to show your appreciation for your mum, mother-in-law or

your wife. Flowers are one of the best Mother's Day gifts for the special women in your life.

For those of you who are not sure of what to buy, we have compiled a list of 6 suitable blooms with positive meanings for this occasion. As each flower represents a different meaning, it is important to choose the right blooms to convey your love and appreciation.

**Carnations**, Carnations are traditionally the official flower of Mother's Day. It has come to signify purity, faith, love, beauty and all the traits that represents the virtue of Motherhood. Carnations are available in a variety of colours and are one of the longest lasting flowers, something mums will appreciate! The most popular options to celebrate this occasion are the pink and red carnations.

Pink carnations symbolise a mother's pure and never-ending love. They can be used to express appreciation and thankfulness.

Red carnations symbolise sincere love, affection, and admiration.

**Tulips,** Tulips are an elegant choice for gifting and they happen to be in season during Mother's Day! This flower represent perfect love. Most colours of tulips are suitable for the occasion and the choice of colour depends on the exact message you would like to

Pink tulips represent affection, good wishes and health

Red tulips symbolise romantic and passion, perfect for showing your wife appreciation

Purple tulips represent elegance and royalty, making it a great choice for your mother-in-law

Orange and Yellow tulips symbolises happiness, joy and hope

**Orchids**, Orchids are a great option to send as they represent love, luxury, beauty, and strength. In Asian and Chinese culture, this auspicious flower also symbolises abundance, wealth, and is a lucky plant to have at home. Additionally, cut orchids or potted ones last for a long time in the Singapore weather.

Pink or purple orchids signify respect, admiration, and elegance Green orchids represent good health and fortune.

**Lilies**, Lilies are one of the most beloved flowers by many mothers due to their large bloom size and beautiful shape. Coming in a variety of colours and species, they associated with good fortune, happiness and Motherhood. However, this flower is toxic to cats and carry a strong scent. Hence, if your recipient has a pet cat or is sensitive to scent, it is not recommended to send it to her.

White lily represents purity and majesty

Pink lilies symbolises admiration, love and abundance

Hydrangea, Hydrangeas symbolises gratitude, grace, and beauty. This lush and multi-petaled bloom is a great choice for the mother that gives ample amount of love and support.

Blue hydrangeas represents understanding and deep gratitude Pink hydrangeas represent love and sincerity

White hydrangeas represents purity and grace

Purple hydrangea shows understanding and abundance

Roses, Roses are a reliable classic bloom, however, skip the red, which is typically associated with romantic love. Opt for other colours or a mixed coloured bouquet

Deep Pink Roses represents appreciation and gratitude Light Pink Roses represents happiness, joy, admiration Peach Roses symbolise thanks and gratitude

Whichever flowers you chose to send to your mother, wife or mother-in-law, we are sure that she would be delighted to receive them!

Activities

Parenting workshops

· Parent support groups · Referrals to community

· Referrals for emergency assistance: food, utility & renta

#### CPR /AED & First Aid Certification

We had 27 people that became CPR certified during our CPR class. These included staff members, parents, and caregivers.

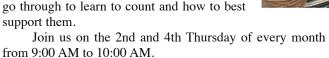




They are all more confident that they can respond appropriately in case of an emergency.

#### STay & Play

Play is the best avenue for learning! We had grown ups and their children play and socialize together with a variety of materials to enhance all areas of development. The focus of this day's class was counting. Families learned about the process toddlers go through to learn to count and how to best support them.



Check out the May activities and classes by scanning or visiting pimaparenting.org Call Jeannette for more info 520.800.2002













https://uwt.onl/FRC

#### Altar Valley School District News



Dear Robles' Families,

As we reach the end of another fantastic school year, I wanted to take a moment to express my gratitude for your ongoing support and collaboration in your child's education. It has been a pleasure seeing our students grow

academically, socially, and emotionally throughout the year. We are immensely proud of their accomplishments and the dedication they have shown to their learning journey.

We have several end-of-the-year activities coming up in the Month of May.

- We will have promotion ceremonies for the Kinder students on 5/15/24 at 2:15 pm,
- 5th Grade on 5/15/24 at 6:00 pm, and
- Preschool on 5/16/24 at 9:30 am.
- Additionally, we will have a Bobcats of Excellence for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> grades on 5/20/24.
- Then on 5/22/24, we will have Field Day, on our last day of school to celebrate all the students' hard work this year and kick—off their summer break.

As we transition into the summer break, I would like to offer some recommendations to help your child maintain their academic skills and foster a love for learning during the holidays. Here are a few suggestions for activities to engage in over the summer

#### 1. Mathematics Mastery:

Encourage your child to continue practicing their math skills over the summer. Mastery of basic math facts is crucial for success in higher-level math concepts. Consider implementing regular math practice sessions, using online resources, math workbooks, or educational apps. Additionally, real-life applications such as baking, budgeting, or measuring ingredients for recipes can provide practical math practice opportunities.

#### 2. Summer Reading Adventures:

Reading is one of the most valuable skills your child can develop, and summer is the perfect time to explore new books and genres. Create a summer reading list together with your child, incorporating a mix of fiction, non-fiction, and ageappropriate classics. Visit your local library regularly and participate in summer reading programs to keep your child

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motivated. Encourage them to write book reviews or summaries to strengthen their comprehension skills.

#### 3. Family Learning Activities:

Make learning a fun and interactive experience by engaging in educational activities as a family. Explore museums, nature parks, and cultural events to broaden your child's horizons. Encourage discussions about what you see and experience, fostering critical thinking and curiosity. Incorporate games and puzzles that promote problem-solving skills and creativity.

#### 4. Digital Learning Resources:

Take advantage of educational websites, online courses, and learning platforms to supplement your child's learning during the summer months. Many online resources offer interactive lessons, educational videos, and enrichment activities across various subjects. Monitor screen time and ensure that digital activities are balanced with outdoor play, social interactions, and other offline activities.

By incorporating these suggestions into your summer routine, you can help prevent the "summer slide" and ensure that your child returns to school in the fall feeling confident and prepared for the new academic year.

I want to wish you and your family a safe, relaxing, and enjoyable summer break. Thank you once again for your continued partnership in your child's education. If you have any questions or need further support over the summer, please don't hesitate to reach out to us.

Warm regards,

Dustie Gunn-Ader, MAED; MBA, Principal, Robles Elementary School

## We're building something grand!





## 2024 STEM Summer School is in the works!

Who: Incoming Kindergarten to 8th graders

Where: AVMS Campus

When: Monday-Thursday starting June 3rd

to June 27th

Registration opens April 2nd!

#### 5th Grade Journey

This year, our fifth-grade class has embarked on an extraordinary learning journey, filled with moments of discovery, perseverance, and personal triumph. From mastering challenging concepts to embracing new perspectives, the amazing learning experiences our students have had are a testament to their dedication and resilience.

In mathematics, our fifth graders have risen to the occasion, tackling fractions, decimals, geometry, and algebraic expressions with enthusiasm and determination. Through collaborative activities and hands-on experiments, they've not only mastered complex mathematical concepts but also developed critical thinking skills that will serve them well in the years to come.

Science has been a source of wonder and excitement for our students as they've explored a variety of disciplines and phenomena. From studying the life cycles of plants to examining the properties of matter, they've embraced the process of inquiry and discovery with curiosity and enthusiasm, deepening their understanding of the natural world.

In literature, our fifth graders have engaged in lively discussions, critical analysis, and creative expression, cultivating a love for reading and writing that will last a lifetime. Through literary activities and writing workshops, they've not only honed their literacy skills but also developed empathy, creativity, and a deeper understanding of themselves and the world around them.

As we reflect on the incredible learning journey of our fifthgrade class this year, we are filled with pride, gratitude, and optimism for the future. From mastering complex concepts to

#### **Altar Valley School District News**

embracing new perspectives, our students have demonstrated a remarkable ability to learn, grow, and thrive in the face of challenges.



#### **Websites With Summer Crafts For Kids**

Trish Sargent

This summer my 8 year old great nephew is coming to stay with us for a month. He lives in New England where summer is a time to play outside, go swimming, have picnics.

Our 3 digit heat is a challenge for him. So I have been looking up internet sites with **Crafts For Kids.** Here is a list of sites I have found that you might enjoy as well.

• 45 Easy Summer Crafts to Inspire Your Kids' Creativity

https://www.goodhousekeeping.com/home/craft-ideas/g20967550/summer-crafts/

• Summer Crafts For Kids: 50 Quick And Easy Ideas

https://modpodgerocksblog.com/summer-crafts-for-kids/

• 50 Easy Summer Crafts for the Whole Family to Enjoy

https://www.thepioneerwoman.com/home-lifestyle/g39918162/summer-crafts/

• 24 Low-Cost Summer Activities for Kids

 $\underline{https://www.parents.com/fun/activities/outdoor/24-cheap-summer-activities-for-kids/}$ 

 33 Brilliantly Fun and Engaging Projects for Kids Aged 8-12

https://www.mykidstime.com/things-to-do/33-projects-for-kids-aged-8-12/





#### **Altar Valley School District News**

EAGLES

Dear AVMS Community,

On April 3rd, 2024, we gathered to celebrate the remarkable achievements of our students at the Eagles of Excellence Awards Celebration. It was a joyous occasion, with over 60 parents, grandparents, guardians, and siblings joining us to honor our

guardians, and siblings joining us to he outstanding students.

At AVMS, we emphasize the importance of embodying SOAR principles: Safe, Open Minded, Accountable, and Responsible behaviors. Thus, it was a privilege to recognize students who exemplified these qualities through our S.O.A.R. awards. These nominations, made by our dedicated teachers, highlighted the exceptional character and conduct of our students.

In addition to recognizing character, we celebrated athletic prowess, academic excellence, and growth over time. Our students in Boys Soccer and Girls Basketball were commended by their coaches for their dedication and skill. Academic achievements were also lauded, with students earning a place on the AB Honor Roll for maintaining excellent grades throughout the quarter. Furthermore, we celebrated those who achieved straight As, an impressive feat attained by a select group of students.

Equally important to us is the journey of growth and progress that our students undertake. We track this growth through benchmark assessments, administered three times yearly. It was heartening to see numerous students meeting or exceeding growth targets in ELA, math, or science, demonstrating their commitment to continuous improvement.

This year, we introduced a new accolade to honor students who excelled in their AASA state testing last school year. Recognizing the dedication and achievement required to attain proficiency or high proficiency levels, we awarded certificates and plaques to deserving students. One exceptional student even received a trophy for scoring highly proficient in both ELA and Math—a truly remarkable accomplishment.

In celebrating our students' achievements, we not only applaud their individual successes but also foster a culture of excellence and support within our school community.

In the spirit of keeping things light and fun, I wanted to share a delightful initiative our teachers and staff undertook to uplift our students ahead of their state testing.

To inject some excitement and levity into the atmosphere, our dedicated educators decided to greet students at the buses wearing an array of inflatable costumes. From towering dinosaurs to whimsical aliens, our staff transformed into colorful characters, spreading smiles and laughter throughout the school grounds.

This playful gesture served as a gentle reminder to our students that while assessments are indeed important, it's equally vital to approach them with a relaxed and positive mindset. By creating a jovial atmosphere, our teachers and staff effectively conveyed the message that maintaining a sense of ease and enjoyment can greatly aid in maintaining focus and composure during testing periods.

The sight of our amazing teachers and staff decked out in inflatable attire undoubtedly lifted spirits and set a cheerful tone for the day ahead. It is gestures like these that truly exemplify the warmth, creativity, and dedication of our AVMS community.

Shelly Camp, Principal, Altar Valley Middle School

#### Altar Valley Photo Gallery

These students received Highly Proficient in ELA and Math



More Award Winners







**FUN DAYS** 











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As temperatures rise, it's essential to stay cool without draining your energy resources. Here's how you can create a more efficient and comfortable living environment.

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- Use fans to keep air circulating, allowing you to raise your thermostat set point.
- Seal leaks around doors and windows to prevent AC from working harder and longer than necessary.

For more suggestions, visit www.trico.coop



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